

What Dreams May Come

Shakespeare says, “For in that sleep of death what dreams May come”, as he contemplates ending his life. What will become of dreams after life? Life is fragile and our decisions to let go of life can have its rewards and its consequences. “What dreams May come”, explains the concept of life and afterlife. That it’s not as simple as heaven or hell. Good or bad. Instead it’s about acceptance and understanding. We must cherish life, still dream and love life while we still can. That we mustn’t take life away as it is gifted to us. In this movie, Chris dies tragically, after losing his children. Desperately struggling to understand his afterlife and unaccepting of his separation from Annie, his lingering presence haunts her.

Finally, he realizes that holding on to her only creates more pain. This illustrates the pain of holding on and the power of letting go. Annie sadly takes her own life and is then trapped in a world of despair and denial, unaware that she is in a version of her own hell – living each day without her loved ones, slowly growing cold to those memories.

Evoking emotions and tugging at my very beliefs of heaven and hell, this movie was a spiritual experience. It further challenges the joys and pains that come with understanding our own versions of hell and overcoming them. Instead of being told what heaven is, we are to shape our own heaven with our memories and dreams. In a true state of heaven, we are set free, becoming who we want to be.